



THE INTERNATIONAL SOCIETY FOR  
**TRAUMATICstress**  
STUDIES

# Interventions for Traumatised Populations:

*An Expert Update  
from ISTSS*



**Join ISTSS in  
London  
16 June 2008**

## **Interventions for Traumatised Populations: *An Expert Update from ISTSS***

Royal College of Physicians  
11 St Andrews Place  
Regent's Park  
London NW1 4LE

This symposium will provide an authoritative update for psychologists, counsellors, nurses, social workers, psychiatrists, journalists, researchers, healthcare managers, lawyers and others involved in working with the aftermath of trauma. There will be presentations from international specialists dealing with some of the most important issues in the field today. The morning session will cover complex trauma reactions, the treatment of traumatised children and challenges posed by research. The afternoon session will focus on civil war and organized violence in different settings, and strategies for responding to large scale incidents, including some of the early lessons from the evaluation of the London July 7th bombings.

[www.istss.org](http://www.istss.org)

# Interventions for Traumatized Populations: An Expert Update from ISTSS

## The Programme and Schedule at a Glance

**8.30 Registration Desk Opens**

**9.30 Welcome – Stuart Turner, ISTSS President**

**9.40 Developmental Trauma Disorder:  
A Proposed Diagnosis for DSM V.**

**Bessel van der Kolk**, *Past-President of ISTSS; Medical Director of the Trauma Center; National Child Traumatic Stress Network; Professor of Psychiatry, Boston University School of Medicine.* Many chronically traumatized children and adults have complex adaptations to trauma that are not captured by the PTSD diagnosis. This talk will present the criteria for the proposed diagnosis, as well as supporting databases and treatment data.

**10.05 Psychosocial Therapeutic Interventions for Children with Traumatic Stress Reactions.**

**John Fairbank**, *Past-President of ISTSS; Associate Professor of Medical Psychology in the Department of Psychiatry, Duke University Medical Center; Co-Director of the UCLA-Duke University National Center for Child Traumatic Stress.* An overview of the current state-of-the-art in the development and dissemination of empirically supported interventions for child traumatic stress.

**10.30 Treating Adult Complex Trauma Survivors.**

**Marylène Cloitre**, *Director, Institute for Trauma and Resilience; Cathy and Stephen Graham Professor of Child and Adolescent Psychiatry NYU Child Study Center.* Differing treatment approaches will be examined as they are relevant to various “core symptom sets” associated with chronic traumatization.

**10.55 Coffee**

**11.25 Longitudinal Studies in PTSD.  
How do they inform practice?”**

**Alexander McFarlane**, *Past-President of ISTSS; Head of the University of Adelaide Node of the Centre of Military and Veterans Health in South Australia.* Long-term naturalistic follow-up data will be presented to challenge some of the prevailing assumptions about PTSD.

**11.50 Treatment Outcome Research.**

**Patricia Resick**, *President-Elect of ISTSS; Director, National Center for PTSD (Women’s Health Sciences Division) VA Boston Health-care System; Professor of Psychiatry and Psychology, Boston University.* The components of state-of-the-art treatment research will be described within a framework of modern understandings of cognitive behavioural treatments for PTSD.

**12.15 Questions and Discussion**

**12.30 Lunch Included**

**14.00 Parental PTSD Appears to be a Relevant Risk Factor for the Development of PTSD.**

**Rachel Yehuda**, *Professor of Psychiatry at the Mount Sinai School of Medicine, and Director of the Traumatic Stress Studies Division at the Mount Sinai School of Medicine and Bronx Veterans Affairs Medical Center.* This presentation summarizes recent studies in offspring of parents with PTSD.

**14.25 Working with Refugees in the United Kingdom.**

**Stuart Turner**, *President of ISTSS, Chair of Trustees of the Refugee Therapy Centre and Chair of Trustees of the Centre for the Study of Emotion and Law.* Cultural, therapeutic and legal issues arising in work with refugees in the UK.

**14.55 Tea**

**15.25 What do we know about early interventions after trauma?**

**Richard Bryant**, *Scientia Professor of Psychology at the University of New South Wales.* A description of cognitive behaviour therapy techniques for early interventions for PTSD, recent developments in identifying recently traumatized people at high risk for PTSD, the evidence for early interventions for PTSD, and their limitations.

**15.50 Five Principles of Psychosocial Intervention in the Immediate and Midterm Aftermath of Mass Casualty.**

**Stevan Hobfoll**, *Distinguished Professor of Psychology at Kent State University; Director of their Applied Psychology Center and the Summa-KSU Center for the Treatment and Study of Traumatic Stress; Senior Fellow in the Center for National Security Studies at the University of Haifa.* Five basic principles of psychosocial intervention in the immediate and midterm aftermath of mass casualty have been determined by an international group of experts on disaster and terrorism as a blueprint for intervention following mass casualty, based on review of the empirical literature.

**16.15 Early Lessons from the London July 7th Bombings Service Evaluation.**

**Chris Brewin**, *Professor of Clinical Psychology in the Subdepartment of Clinical and Health Psychology, University College London; Honorary Consultant Clinical Psychologist specialising in the treatment of PTSD at the Traumatic Stress Clinic.* The screen and treat model used to guide the mental health response following the London bombings will be presented and contrasted with a crisis counselling approach. Preliminary outcome data for the brief evidence-based intervention for PTSD will be presented.

**16.40 Discussant (followed by questions).**

**Ulrich Schnyder**, *Vice-President of ISTSS; Professor of Psychiatry and Head, Department of Psychiatry, University Hospital, Zurich.*

**17.00 Close**

**London Collaborations**



European Society for Traumatic Stress Studies Workshops  
13 & 15 June 2008



9th EMDR Europe Conference  
*New Perspectives in EMDR*  
13 – 15 June 2008



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## Special Additional Educational Opportunities

In addition to the ISTSS London Symposium, more training and education in the field of traumatic stress is taking place in London. Between the 13th and 15th June, the **9th EMDR Europe Conference, NEW PERSPECTIVES IN EMDR**, will be conducted. On Friday, 13th June, there will be a selection of whole-day and half-day pre-conference workshops (limited numbers) held in the Queen Elizabeth II Conference Centre, Westminster London. This conference will continue through Saturday and Sunday with a range of keynote speeches, workshops, symposia and poster presentations.

For more information visit the EMDR-Europe Web site at [www.emdr2008.org](http://www.emdr2008.org).

Also, the **European Society for Traumatic Stress Studies (ESTSS)** will be providing two workshops in the Queen

Elizabeth II Conference Centre, Westminster London. These workshops will qualify to contribute towards the ESTSS General Certificate in Psychotraumatology.

On 13th June, there will be a half-day workshop titled, *Early Intervention Following Traumatic Events*.

On 15th June, there will be a full-day workshop titled, *Introduction to Traumatic Stress Studies*.

For more information, visit the ESTSS Web site at [www.estss.org](http://www.estss.org).

### Lodging Assistance

Contact Lloyd Harris at Hotel Reservations Limited at [Lloyd@hotelreservationsltd.uk](mailto:Lloyd@hotelreservationsltd.uk). Web site: [www.hotelreservationsltd.uk](http://www.hotelreservationsltd.uk). Make sure you inform him you are registered for the ISTSS London Symposium.

### Registration Information

Participation in the ISTSS London symposium is limited to registered participants. **Refreshments and lunch are included in registration fees.** Online registration is available at [www.istss.org](http://www.istss.org). Members of ESTSS, EMDR-E and ISTSS affiliates will receive member registration rates. Join ISTSS today at [www.istss.org](http://www.istss.org).

Registration is not complete without full payment via credit card or cheque; do not submit purchase orders. Issue cheques payable to ISTSS in GBP or US dollars, or pay with VISA, MasterCard or American Express in US dollars. ISTSS will not process registration without full payment.

**Preregistration policy:** To be considered preregistered, your registration, changes or replacement must be received by 12 June. After this date, you must register onsite. You may register online, via mail or via fax. Online registration closes at 23.59 CST on 12 June. Mailed registrations must be postmarked by 31 May. Faxed registration forms that do not contain credit card information do not qualify as an early registration.

**Payment Confirmation:** Attendees that include an e-mail address on their registration form will receive an e-mail confirmation/receipt within 24 hours of registering online and up to 5 business days if registered by mail or fax. If an e-mail address is not provided, registrants will receive a confirmation in the mail within 14 business days.

### Registration Cancellation

**Policy:** Notification of cancellation must be submitted in writing. Cancellations received by 1 June, will be subject to a \$50 (US dollars) cancellation charge. No refunds will be given after 1 June. Substitutions are allowed at any time, but must be submitted in writing and must be of the same membership status.

Attendees can pick up name badges at the ISTSS London Symposium registration desk, which opens at 8.30. The symposium is scheduled from 9.30 – 17.00 and includes **refreshments and lunch.**

**Engage the world through ISTSS. Apply for membership today at [www.istss.org](http://www.istss.org).**



## ISTSS London Symposium 16 June 2008 Registration Form

**Register Today!**  
Only onsite registration  
accepted after 12 June.  
Telephone registrations  
cannot be accepted.



Register online at:  
[www.istss.org](http://www.istss.org)  
It's fast and secure

Given Name/First Name \_\_\_\_\_ Surname/Family Name/Last Name \_\_\_\_\_

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**Where did you hear about this meeting:** \_\_\_\_\_

**Is this your first ISTSS Meeting:**  Yes  No

**Join ISTSS today for a discounted member registration fee at [www.istss.org](http://www.istss.org)**

**Registration fees include REFRESHMENTS and LUNCH**

Member Registration	On or before May 15	After May 15	Total
<input type="checkbox"/> ISTSS	£125/\$250 US	£135/\$270 US	\$ _____
<input type="checkbox"/> EMDR-Europe	£125/\$250 US	£135/\$270 US	\$ _____
<input type="checkbox"/> ESTSS	£125/\$250 US	£135/\$270 US	\$ _____
<input type="checkbox"/> Affiliate Society Member	£125/\$250 US	£135/\$270 US	\$ _____

### Indicate affiliation:

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### Non-member Registration

Non-member £135/\$270 US £145/\$290 US \$ \_\_\_\_\_

**Total Fees: \$ \_\_\_\_\_**

### Payment

MasterCard  VISA  American Express  
 Cheque payable to: International Society for Traumatic Stress Studies in GBP or US dollars.

Name on Card (print) \_\_\_\_\_ Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address (if different from above) \_\_\_\_\_

**Payment must accompany registration. Credit cards will be processed in US Dollars. Cheques can be processed in GBP or US dollars. Invoices are not issued. Purchase orders are not considered payment.**



Please attach any special needs or dietary requests.

**If not paying online, you may fax your registration form to 847-480-9282 or mail it to ISTSS, P.O. Box 71560, Chicago, IL, 60694-1560 USA**

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E-mail: [symposium@istss.org](mailto:symposium@istss.org) • [www.istss.org](http://www.istss.org)



**Save the Date!**  
**ISTSS 24th Annual Meeting**  
**Terror and its Aftermath**  
**November 13-15, 2008**

Pre-Meeting Institutes  
**November 12, 2008**  
The Palmer House Hilton  
Chicago, Illinois USA  
[www.hilton.com](http://www.hilton.com)



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# **ISTSS Symposium**

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### **About ISTSS**

ISTSS is an international multidisciplinary, professional membership organization that promotes advancement and exchange of knowledge about severe stress and trauma.

This knowledge includes understanding the scope and consequences of traumatic exposure, preventing traumatic events and ameliorating their consequences, and advocating for the field of traumatic stress.

The International Society for Traumatic Stress Studies has a diverse membership from around the world. Members are social, behavioral and biological scientists; professionals from mental health and social services disciplines; and individuals representing religious, legal and other professions. ISTSS activities include education, training and information resources.



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