



International Society for Traumatic Stress Studies

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President's Column

Patricia A. Resick, PhD

As it is currently snowing outside my window here in New England, I can't say that spring is upon us here but there is definitely an anticipation of spring and the earlier daylight savings time is some kind of promise that very soon we will have things to do after work that are worth doing in daylight. I expect for some of you, spring and change are in full swing already. Personally I will enjoy leaving work when it is still light out and having the opportunity to take a walk occasionally while I hunt for first growth among the remnant leaves from last year. I have two things to mention in my column this issue that speak to eagerness for change and renewal as well as celebration more generally.

Last week we sent out an e-mail to all members asking for volunteers for a Leadership Development Task Force for ISTSS. I had hoped that we would receive enough interest from members that we could form a task force of interested members and begin to think about the problem of growing leadership from within our ranks. To our delight, we received 40 responses very quickly. Diane Rutherford, at headquarters, wrote me an e-mail this morning with the list and added, "In my 14 years of working with associations, this is the largest response I have ever seen to a request for participation on a task force or a committee."

This says something important to me and that we have struck a chord. There are many people who would like to be involved more in ISTSS and don't know how or don't feel that the organizational structure is conducive to recruiting, training, and fostering leadership. I received volunteers from many sectors of the organization, from trainees at the beginning of their careers to past presidents, from different disciplines, different types of employment settings, and from different countries.

Of course, we cannot have 40 people all serve on a task force because it would be too unwieldy. By the time this column is published, I hope to have selected and invited from among this group a number of people who represent as many constituencies as possible. I promise not to load it up only with people I know and I

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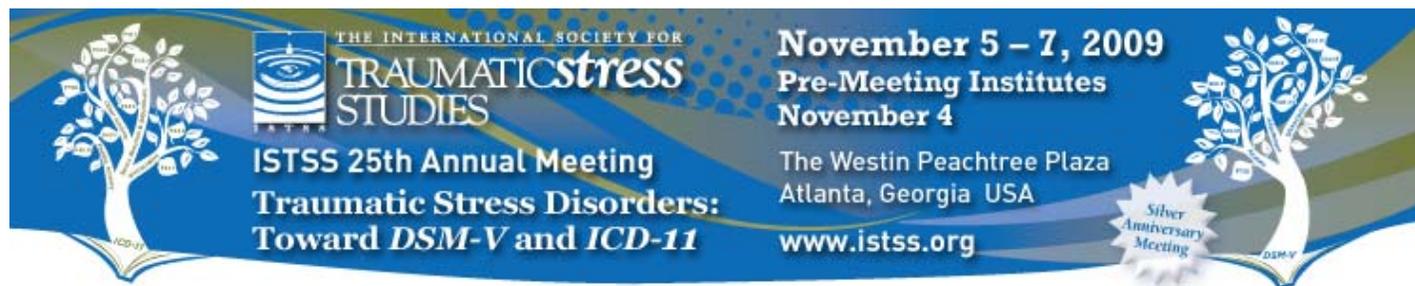
will try to bring in opinions as diverse as possible. We may not get our work completed by the Annual Meeting, but I will keep you informed of ideas as they emerge and ask for feedback from the rest of you as we develop recommendations to take to the Board of Directors. For those of you who I did not select to be on this particular task force, I hope that you will consider serving on other task forces or committees. We need your help and at this point do not have a good mechanism to bring together interested members to appropriate workgroups. This is, in fact, what we hope to accomplish with the task force. Stay tuned.

This year's meeting will launch a year-long celebration of 25 years of this wonderful organization.

The other celebration I want to mention is the upcoming **25th Annual Meeting** of the ISTSS. This year's meeting will launch a year-long celebration of 25 years of this wonderful organization and the conference will both look back at the past and forward into the future. One thing I would like to call for now is photographs. Have you ever taken your camera to an ISTSS meeting and taken pictures? Would you be willing to share them? We are trying to develop a slide show that can be used at the conference and need to start this early. If you have any photos, please send them to mparesick@gmail.com. Please identify the people in the photo and what year/location the photos were taken as best you can.



Annual Meeting Updates



Call for Award Nominations

Each year ISTSS recognizes member achievements through its awards program. The 2009 Awards Committee, chaired by Karestan Koenen, PhD, seeks nominations for this year's awards.

The deadline for receipt of nominations is June 1, 2009. ISTSS encourages you to consider candidates from countries outside and inside North America. The Society will recognize award winners at the ISTSS 25th Annual Meeting. For descriptions of the available awards, visit the [ISTSS Web site](#).

Headquarters Hotel

The Westin Peachtree Plaza Hotel will be the headquarters for the ISTSS Annual Meeting in Atlanta. ISTSS has negotiated a discounted rate of \$189 US for single or double occupancy plus applicable taxes. These rates will be available to attendees based on availability from Monday, November 2, through Monday, November 9, 2009.

To reserve a room, call +1-800-937-8461 (7 days/week, 24 hours/day). Identify yourself as an ISTSS meeting attendee to obtain the special rate. [Reservations can also be made online](#), but must be made **no later than Friday, October 2, 2009**. After this date, discounted rates may not apply.

Program Updates

Keynote Address (Plenary Session)

"The *DSM-V* Revision Process"

Darrel Regier, MD, MPH, Vice-Chair of the *DSM-V*

Task Force Director, APA Division of Research; Executive Director, American Psychiatric Institute for Research and Education

Invited Addresses (Concurrent Sessions)

"Dissociative Disorders and *DSM-V*"

David Spiegel, MD, Willson Professor in the School of Medicine Associate Chair, Department of Psychiatry & Behavioral Sciences, Stanford University School of Medicine

"Diagnoses, dimensions, *DSM-V* and a Transdiagnostic Approach: Let's Get Radical."

David Barlow, PhD, Founder and Director Emeritus, Center for Anxiety and Related Disorders at Boston University, Professor of Psychology, Boston University

2009 Travel Grants

Donate to Travel Grants

If you would like to make a donation to the Travel Grant Fund, please use the [secure online donation form](#) or visit the [ISTSS Web site](#) for details.

Apply for Travel Grants

A limited number of travel grants will be available in 2009 to support conference attendees coming from developing countries and experiencing financial hardship with fees or travel costs. The travel grants are supported by voluntary contributions from ISTSS members. **The application deadline is June 17, 2009.**

Visit the [ISTSS Web site](#) for details or [click here](#) to download the International Travel Grant Application.



Trauma and World Literature

Contributing Editors' Note: We received the following letter from John Rafferty in response to our July, 2008 feature which focused on Pat Barker's *Regeneration Trilogy*. We share Dr. Rafferty's letter with you with his permission:

I was interested in your reference to Pat Barker, literature and trauma.... A very good review of Australian art and literature is found in Craig, A. (1989). *Battle shock: An Overview* in Heseltine, H. *The shock of battle*. Canberra, ACT, Australian Defense Force Academy.

Some recent literature has added to the rich body of work which you hinted at in your *StressPoints* note about Graves, Sassoon, and others. There has been a renewed interest in WW1 in books such as [Three Day Road](#) by Joseph Boyden, and [A Long Long Way](#) by Sebastian Barry. Both have excellent accounts of battle stress and PTSD. Ian McEwen has portrayed the trauma of life in a number of places.

My quotation for portrayal of psychological effects of trauma is from a very recent book (2008) by Siri Hustvedt, (partner of Paul Auster), [The Sorrows of an American](#). Among other things, this a fictional account of a New York psychiatrist's attempt to understand the WW II experience of his father. On Page 85, reflecting on his father's recollection of the execution of a Japanese soldier, he says:

"I knew that research was confirming what I had always felt was true in my patients: their memories of war, rape, near-fatal accidents, and collapsing

buildings aren't like other memories. They are kept separate in the mind... Trauma doesn't appear in words, but in a roar of terror, sometimes with images. Words create the anatomy of a story, but within the story there are openings that can't be closed. By then my father had seen many dead bodies, but this one was different. Beyond combat."

Regards,

John Rafferty, PhD



The Hopi Foundation

The Treatment of Extreme Trauma: A Unique Training Conference Opportunity

October 2nd - 3rd, 2009
High Country Conference Center, Flagstaff,
Arizona USA

ISTSS is one of nine co-sponsors of the Hopi Foundation training conference. The conference aims to impart practical knowledge and therapeutic skills sets to service providers, clinicians, counselors, and others working with torture victims and refugees and to present effective treatment approaches that have been shown to work

[View complete list of speakers and presenters.](#)

Visit the ISTSS Amazon Store

The [ISTSS Amazon Store](#) (also accessible from the ISTSS homepage) features trauma-related books for professionals and the public, as well as fiction, memoirs, and movies with themes related to trauma and healing. The store allows ISTSS members and others to locate useful resources, while helping to support ISTSS.

Bookmark the [ISTSS store](#) and begin your Amazon shopping! **ISTSS earns a referral fee of 4% to 10%** for items purchased through the site. Any Amazon purchase that originates through our store helps to support ISTSS. To find other Amazon items, just click the "Powered by Amazon" button in the upper left corner of the page and continue shopping.

Please send suggestions to Nancy Kassam-Adams at nlkaphd@mail.med.upenn.edu.





Media Matters:

A Novel Collaboration between Public Health and the Media in Australia

Melissa Sweet
Sydney, Australia

The demise of “old” media forms such as newspapers is creating concern about the capacity of the fourth estate to investigate important health issues. But the emergence of new media is also creating fresh opportunities.

In Australia, an informal collaboration between journalists and public health advocates has generated a novel approach to news gathering, driven by both public health and journalistic imperatives.

In April 2007, two journalists (myself and Ray Moynihan) and a public health academic heavily involved in media advocacy (Professor Simon Chapman of the University of Sydney), approached a web-based news service called Crikey (www.crikey.com.au), which was established in 2000 and has a small but influential readership, including journalists, bureaucrats and political staffers.

We proposed establishing the Crikey Health and Medical Panel (CHAMP), whose members would be encouraged to contribute articles and tips to Crikey’s daily news bulletin.

We wanted to develop a mechanism for encouraging a deeper and broader public debate about health issues – including vital mental health and trauma issues -- to encourage and facilitate public health advocates engaging in public debate, and to influence media reporting. Our interests in critiquing media coverage of health matched Crikey’s core business of providing independent critique of the media industry.

CHAMP now has more than 130 members, including mental health advocates, who contribute regularly to

the Crikey news bulletin, as well as to a group blog associated with the project, called Croakey (<http://blogs.crikey.com.au/croakey/>). Many of the articles have been followed up by other media outlets, and informal feedback from CHAMP members has been largely supportive. However, many struggle to find time to engage more actively with the project.

The 16 February 2009 issue of *The Medical Journal of Australia* carried a short article describing the project more fully (www.mja.com.au).



Fifty-seven CHAMP members generated 234 articles (38 articles were contributed by non-CHAMP members).

Topics covered included:

- Health policy and health workforce issues (73)
- Pharmaceutical and industry marketing (33)
- Indigenous health & Northern Territory intervention (29)
- Alcohol (16), illicit drugs (16), and tobacco (6)
- Obesity, food, physical activity (16)
- Media coverage of health (9)
- Rural and remote health (8)
- Mental health (8)
- Health and medical research (6)
- Cancer (5)
- Clinical issues (3)
- Abortion (2)
- Safety and quality of health care (2)
- Gun control (1)
- Asylum seekers (1)

Access Articles in the *Journal of Traumatic Stress* as They Become Available

We are pleased to announce advance online publication of the *Journal of Traumatic Stress* articles. In an effort to deliver the latest science to our members more quickly and conveniently, the final (citable) versions of the *Journal of Traumatic Stress* articles and reports will now go live on the Wiley InterScience portal as soon as they are ready, **as much as six weeks before** you will see them in your mailbox.

Be sure and [check the Web site](#) often for the newest articles available.

Rest assured, you will continue to receive your hard copy of the *Journal of Traumatic Stress* as you always have (unless you have selected our "online only" Membership option). Plus, ISTSS will continue to send e-mail notifications once the full issue is available.

Student Section:

Prepare Well to Succeed: The ISTSS Annual Meeting Internship/Post-Doctoral Networking Fair

Joanna Legerski, MA
ISTSS Student Section Chair

Are you applying for Post-Doc, Internship or looking into your options for the future? Come to the **2009 Annual ISTSS Internship/Post-Doctoral Networking Fair**. This student-sponsored event has been a long-standing tradition for ISTSS members to meet potential training sites.

Take advantage of this fantastic opportunity to meet training site representatives and current interns/post-docs who are available to provide detailed information and answer any questions you may have. Not only is this event helpful for asking questions concerning your future goals but as a student it is never too early to build rapport. Even if you are just beginning your graduate studies, take advantage of this Fair to learn more about what different sites have to offer and how you might best present yourself in the future.

Historically ISTSS student members have been found to be highly professional and dedicated in their efforts within their field. ISTSS believes in their student members and offers the Internship/Post-Doctoral Networking Fair as an opportunity for students to build networking connections, gain more information about

specific sites, and prepare well to succeed in their next endeavors. We hope to see you in Atlanta!



Calling all Internship and Post-Doctoral Training Sites!

If you are a training site, please contact ISTSS Student Vice Chair, Lynnette Averill (averill.psych@utah.edu or +61 04 3323 9893) if you have questions about this event or if you would like to RSVP to present at the 2009 ISTSS Annual Meeting Internship/Post-Doctoral Fair.

To RSVP, Lynnette will need to know the name and location of your training site and what sort of informational/marketing materials you plan to bring so that we can accommodate your needs. Details such as who will be representing your agency can be determined closer to the conference date.



New! Earn Continuing Education Credit for Reading Articles in the *Journal of Traumatic Stress*

ISTSS is pleased to announce a new program offering continuing education credit with the *Journal of Traumatic Stress (JTS)* for three articles per issue beginning with the February 2009 issue of *JTS*.

Overall learning objectives:

- Learn about the impact of traumatic stress in various populations.
- Learn about risk and resilience in the aftermath of trauma.
- Learn about prevention of and intervention for trauma related symptoms such as PTSD

Participation in this program is simple and convenient. Read the article either from your print or online *Journal*, or access the article after you have registered for the exam. This activity is approved by CE Learning Systems, Inc. an approved provider of APA, ASWB, NCB, NAADC and Nursing (CA Board). Learners are advised to check with their professional licensing boards to ensure they are fulfilling their continuing education

credit requirements.

To Register for the Exam:

- Learn about the impact of traumatic stress in various populations.
- **Members:** [Click here](#) to register and obtain the member registration rate. If you are not already logged in, you will be prompted to do so.
- **Non-members and subscribers:** Even though you are not a member, you may already have a username & password. Please [login](#) here. If you do not know your nonmember login and/or password, you may [reset](#) it, or you may [create](#) a nonmember record.

[Click here to join ISTSS and receive discounted member rates.](#)

Each article is worth 1 credit. After reading the article, complete the online quiz. Upon completion of the quiz, a certificate will be automatically generated and provided online. No waiting for a certificate to arrive by mail!



ISTSS Honors 2008 Public Advocacy Award Recipient



Congratulations to Ellen T. Gerrity, PhD, of Duke University for being awarded the 2008 ISTSS Public Advocacy Award. The award recognizes an ISTSS individual(s) whose work contributes significantly to advancing social understanding of trauma, advancing the provision of service to trauma victims, or the development of legislation that benefits trauma victims.

Ellen serves as associate director and senior policy advisor for the UCLA-Duke University National Center for Child Traumatic Stress, which coordinates the National Child Traumatic Stress Network (NCTSN). The NCTSN includes over 75 funded and affiliated treatment centers and community-based organizations which support children and families who are exposed to trauma and violence. She serves on the Executive Committee providing guidance and direction on policy, coalition building, public awareness. As NCCTS associate director and executive committee member, her duties include serving as executive sponsor or co-sponsor for several NCCTS functional units, including the NCTSN Advisory Board, the National Resource Center, the Monitoring and Evaluation Team, the Policy Core, the Cultural Competence Workgroup, the Consumer/Family Workgroup, and the Refugee Workgroup, and representing the NCCTS with numerous external partners, including the National Child and Adolescent Mental Health Coalition, the National Quality Caregiver Coalition, and the National Child Abuse Coalition.

As senior policy advisor, her responsibilities include working with SAMHSA staff, the Executive Committee, the NCCTS National Resource Center, and the Policy Core Director and Committee members, to fulfill the policy mission of the NCCTS and the transformation goals of the New Freedom Commission by developing informational resources and policy briefings on key child trauma issues in partnership with policymakers and key stakeholders including family and consumer organizations.

Previous winners of this award include: Senator Barbara Mikalski (2007); Jonathan Shay, MD, PhD (2006); Anne DePrince, PhD (2005); Beth Hudnall Stamm, PhD (2004); Senator Tom Harkin (2003); William W. Harris, PhD and David B. Harris (2002).

RESEARCH INTERESTS

Therapy with adult and child survivors of trauma
Individual, family, and community response to traumatic events
Effectiveness of community-based and institutional treatment programs
The effect of trauma on child development

TEACHING INTERESTS

Clinical and Research Issues in the Treatment of Survivors of Trauma
Mental Health, Trauma, and Public Policy
Clinical Research Methodology
Field Research Methodology
Social/Environmental Psychology

COMMUNITY ACTIVITIES

Consultant, Wellstone Action (2003-2008)
Parent Volunteer, Parent Teacher Student Association, Walter Johnson High School, Bethesda, MD (2006-present)
Parent Volunteer, Parent Teacher Student Association, North Bethesda Middle School, Bethesda, MD (2003-2006)
Parent Volunteer, Parent Teacher Association, Wyngate Elementary School, Bethesda, MD (1998-2003)
Whitman Walker Clinic Volunteer Training Program/Consultant on AIDS Education (1990-1991)
American Red Cross (Washington, DC Chapter): Member, Steering Committee for Women and AIDS Conference (1988)
Pediatric Task Force on AIDS, Washington, DC (1987-1989)
MENTOR, Program Advisor to preclinical medical students at George Washington University Medical School, 1988-1990.



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Upcoming Events

March 23-24, 2009

UK Psychological Trauma Society First National Conference
The Evolution of Psychological Trauma Treatment
<http://www.estss.org/confer/confer.htm>

April 15-18, 2009

Association for Death Education and Counseling (ADEC)
31st Annual Conference
Hyatt Regency Dallas, Dallas, Texas, USA
www.adec.org/conf/index.cfm

May 14-15, 2009

British Trauma Society Annual Clinical Meeting 2009
British Trauma Society in association with Elsevier, publisher of the journal *Injury*
Newcastle Civic Centre, Newcastle, UK
www.trauma.elsevier.com

May 14-16, 2009

Use of the Internet in the Field of Mental Health
Sponsored in part by NATO, McGill University and the Douglas Institute
The Douglas Institute, Montreal, Quebec
<http://www.douglas.qc.ca/internet-mental-health>

June 15-18, 2009

The Norwegian Centre for Violence and Traumatic Stress Studies
11th European Conference on Traumatic Stress (11th ECOTS)
Oslo, Norway
www.ecots2009.com

June 24 to 26, 2009

X International Congress on Traumatic Stress
Panamericano Hotel & Resort - Buenos Aires, Argentina
www.psicotrauma.org.ar

September 21- 26, 2009

14th International Conference on Violence, Abuse and Trauma
Town and Country Resort & Convention Center
San Diego, CA
[Conference Information](#)

October 2-3, 2009

The Hopi Foundation

The Treatment of Extreme Trauma: A Unique Training Conference Opportunity
High Country Conference Center, Flagstaff, Arizona
<http://www.hopifoundation.org/>

November 5-7, 2009

ISTSS 25th Annual Meeting
The Westin Peachtree Plaza, Atlanta, Georgia
<http://www.istss.org/meetings/index.cfm>

November 21-23, 2009

26th Annual ISSTD International Conference
Marriott Wardman Park Hotel
Washington, DC
<http://www.isst-d.org/>

April 8-10, 2010

European Society for Trauma and Dissociation International Conference
Queens University Belfast, Northern Ireland
<http://www.estd2010.org/>

**Like the new
StressPoints layout?**
Tell us what you think.
E-mail Deanna Marchetti
at ISTSS Headquarters.