**Measures List for Assessment of Trauma and Post-Trauma Outcomes**

|  |  |  |  |
| --- | --- | --- | --- |
| **Resources** | **Link** | **Topics** | **Measures** |
| **American Psychological Association** | <https://www.apa.org/ptsd-guideline/assessment/> | PTSD Assessment Instruments Overview includes short descriptions and how to access. | Clinician-Administered PTSD Scale for DSM-5 (CAPS-5)PTSD Symptom Scale Interview (PSS-I and PSS-I-5)Structured Clinical Interview; PTSD Module (SCID PTSD Module)Structured Interview for PTSD (SIP or SI-PTSD)Treatment-Outcome Posttraumatic Stress Disorder Scale (TOP-8)Davidson Trauma Scale (DTS)Impact of Event Scale – Revised (IES-R)Mississippi Scale for Combat-related PTSD (MISS or M-PTSD)Modified PTSD Symptom Scale (MPSS-SR)PTSD Checklist for DSM-5 (PCL-5)PTSD Symptom Scale Self-Report Version (PSS-SR)Short PTSD Rating Interview (SPRINT) |
| **National Center for PTSD** | <https://www.ptsd.va.gov/professional/assessment/overview/index.asp><https://www.ptsd.va.gov/professional/assessment/list_measures.asp> | Assessment OverviewCumulative List of Measures | FAQs about PTSD, DSM-5, and Assessment TipsContinuing Education ResourcesVeteran-Specific/Military Sexual Trauma Information |
|  | <https://www.ptsd.va.gov/professional/assessment/adult-int/index.asp> | Adult Interviews | Clinician-Administered PTSD Scale for DSM-5 (CAPS-5)PTSD Symptom Scale-Interview (PSS-I)Structured Clinical Interview; PTSD Module (SCID PTSD Module)Structured Interview for PTSD (SIP or SI-PTSD) |
|  | <https://www.ptsd.va.gov/professional/assessment/adult-sr/index.asp> | Adult Self-Report Measures | Davidson Trauma Scale (DTS)Dissociative Subtype of PTSD Scale (DSPS)Impact of Events Scale -Revised (IES-R)Inventory of Psychosocial Functioning (IPF)Late-Onset Stress Symptomatology (LOSS) ScaleMississippi Scale for Combat-related PTSD (MISS or M-PTSD)Modified PTSD Symptom Scale (MPSS-SR)Posttraumatic Diagnostic Scale (PDS)Posttraumatic Maladaptive Beliefs Scale (PMBS)PTSD Checklist for DSM-5 (PCL-5)Trauma Symptom Checklist - 40 (TSC-40)Short PTSD Rating Interview (SPRINT) |
|  | <https://www.ptsd.va.gov/professional/assessment/child/index.asp> | Child Measures | Clinician-Administered PTSD Scale for DSM-5 - Child/Adolescent Version (CAPS-CA-5)UCLA Child/Adolescent PTSD Reaction Index for DSM-5 |
|  | <https://www.ptsd.va.gov/professional/assessment/deployment/index.asp> | Military/Deployment Measures | Deployment Risk and Resilience Inventory-2 (17 DRRI-2 Scales and Manual) |
|  | <https://www.ptsd.va.gov/professional/assessment/dsm-5_validated_measures.asp> | DSM-5 Measures | Clinician-Administered PTSD Scale for DSM-5 (CAPS-5)Clinician-Administered PTSD Scale for DSM-5 - Child/Adolescent Version (CAPS-CA-5)Dissociative Subtype of PTSD Scale (DSPS)PTSD Checklist for DSM-5 (PCL-5)Life Events Checklist for DSM-5 (LEC-5)Primary Care PTSD Screen for DSM-5 (PC-PTSD-5) |
|  | <https://www.ptsd.va.gov/professional/assessment/screens/index.asp> | PTSD Screens | Primary Care PTSD Screen for DSM-5 (PC-PTSD-5)SPAN Self-Report Screen (SPAN)Short PTSD Rating Interview (SPRINT)Trauma Screening Questionnaire (TSQ) |
|  | <https://www.ptsd.va.gov/professional/assessment/te-measures/index.asp> | Trauma Exposure | Brief Trauma Questionnaire (BTQ)Combat Exposure Scale (CES)Life Events Checklist for DSM-5 (LEC-5)Life Stressor Checklist-Revised (LSC-R)Potential Stressful Events Interview (PSEI)Trauma Assessment for Adults (TAA)Trauma History Questionnaire (THQ)Trauma History Screen (THS) |
|  | <https://www.ptsd.va.gov/professional/assessment/ncptsd-instrument-request-form.asp> | Assessment Request Form | Request the CAPS-5 or CAPS-CA-5 |
| **ISTSS (Measures available to Members)** | <https://istss.org/clinical-resources/assessing-trauma> | Trauma, Acute Stress, and PTSD Assessment | Acute Stress Checklist for ChildrenAcute Stress Disorder Structured Interview (ASDI)Child PTSD Symptom ScaleChildhood Attachment and Relational Trauma Screen (CARTS)Clinical Administered PTSD Scale (CAPS)Global Psychotrauma Screen (GPS)Posttraumatic Stress Disorder Checklist (PCL)Posttraumatic Symptom Scale-Interview Version (PSSI)UCLA PTSD Reaction Index |
| **National Child Traumatic Stress Network** | <https://www.nctsn.org/treatments-and-practices/screening-and-assessments/trauma-screening> | Child Trauma Screening Overview | FAQs about Assessment of Complex TraumaRecommended Measures for setting and presenting concernMeasure reviews |
|  | <https://www.nctsn.org/treatments-and-practices/screening-and-assessments/trauma-informed-mental-health-assessment>  | Trauma-Informed Child Mental Health Screening Overview | Strategies for feedback and engaging families in assessment |
|  | <https://www.nctsn.org/sites/default/files/resources//complex_trauma_standardized_measures.pdf> | Complex Trauma Measures for Children and Family | Structured Interview for Disorders of Extreme Stress (SIDES and SIDES-A for adolescents)Child and Adolescent Needs and Strengths Trauma Comprehensive (CANS Trauma)Trauma Symptom Checklist for Children (TSCC)And Young Children (TSCYC)Minnesota Multiphasic Personality Inventory for Adolescents (MMPI-A)Personality Inventory for Youth/Personality Inventory for Children, Second Edition (PIC-2)Affect Intensity and Reactivity Measure for Youth (AIR-Y)Abbreviated Dysregulation Inventory (ADI)Attachment Questionnaire for Children (AQC)Inventory of Parent and Peer Attachment (IPPA)Child Dissociative Checklist (CDC)Adolescent Dissociative Experiences Scale (A-DES)Children’s Perceptual Alterations Scale (CPAS)Dissociative Features Profile (DFP)Children’s Dissociative Experiences Scale & Posttraumatic Symptom Inventory (CDES & PTSI)Behavior Assessment System for Children-2 (BASC-2)Child Behavior Checklist (CBCL)Child Sexual Behavior Inventory (CSBI)Traumatic Events Screening Inventory - Parent Report Revised (TESI-CRF-R and TESI-PRR)Juvenile Victimization Questionnaire (JVQ)UCLA PTSD Reaction IndexYoung Child PTSD ChecklistTrauma History Checklist and Interview (THC)Dimensions of Stressful Events Rating Scale (DOSE)Parent-Child Relationship Inventory (PCRI)Clinician Administered PTSD Scale for Children and Adolescents (CAPS-CA)Diagnostic Interview for Children and Adolescents (DICA)Family Environment Scale (FES)Family Assessment of Needs and Strengths: Trauma Exposure and Adaptation (FANS-TEA)Parenting Stress Index-Short Form (PSI-SF)Brief Symptom Inventory (BSI)Coping Responses Inventory - Youth (CRI-Y)Strengths and Difficulties Questionnaire (SDQ) |
| **SAMHSA** | <https://www.integration.samhsa.gov/clinical-practice/screening-tools#TRAUMA> | Substance Abuse Screens | Alcohol Use Disorder Identification Test (AUDIT and AUDIT-C)Drug Abuse Screen Test (DAST-10)CAGE AIDSAMHSA Screening, Brief Intervention, and Referral to Treatment Protocol (SBIRT, includes training) |
|  | <http://lib.adai.washington.edu/instruments/> | Substance Use Screening Assessment Database | Search for Substance Abuse Measures by Name |
|  | <https://www.integration.samhsa.gov/clinical-practice/trauma-informed> | Trauma-informed and Culturally-Competent Care | Training and Resources for Clients and Clinicians |
|  | <https://www.integration.samhsa.gov/clinical-practice/intimate-partner-violence> | Intimate Partner Violence | Training and Resources for Clients and Clinicians |
|  | <https://www.integration.samhsa.gov/clinical-practice/suicide-prevention-update> | Suicide Assessment and Management of Risk | Columbia-Suicide Severity Rating Scale (C-SSRS)Patient Health Questionnaire (PHQ-9)The SAFE-T CardMacArthur Depression ToolkitSuicide Prevention Toolkit for Primary Care |
| **Other Measures of PTSD and Trauma Sequelae** | <https://www.parinc.com/Products/Pkey/80> | Trauma Exposure, PTSD, Related Symptoms Self-Report(For purchase) | Detailed Assessment of Posttraumatic Stress (DAPS) |
|  | <http://www.enijenhuis.nl/tec> | Trauma Experiences Self-Report | Traumatic Experiences Checklist (TEC)* Available in 11 languages
 |
|  | <http://s1097954.instanturl.net/multiscale-dissociation-inventory-mdi/> | Dissociation Self-Report | Multiscale Dissociation Inventory (MDI)* Available in 16 languages
 |
|  | <http://www.enijenhuis.nl/sdq> | Dissociation Self-Report | Somatoform Dissociation Questionnaire (SDQ-5 and SDQ-20) |
|  | <https://www.tandfonline.com/doi/full/10.3402/ejpt.v6.25652> | Dissociation Semi-structured Interview(Available in Article) | The Shutdown Dissociation Scale (SHUT-D) |
|  | <https://www.mindgarden.com/113-inventory-of-interpersonal-problems> | Interpersonal Difficulties(For purchase) | Inventory of Interpersonal Problems (IIP) |
|  | <https://psycnet.apa.org/record/1999-11130-007> | Posttraumatic Cognitions(Available in Article) | Posttraumatic Cognitions Inventory (PTCI) |
|  | [https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=5&ved=2ahUKEwjngp\_XiMXmAhWqm-AKHVkiCUUQFjAEegQIBRAC&url=http%3A%2F%2Fwww.ptsd.va.gov%2Fprofessional%2Farticles%2Farticle-pdf%2Fid46575.pdf&usg=AOvVaw0EZZhnOpp72EbaEtDcn8BM](http://www.ptsd.va.gov/professional/articles/article-pdf/id46575.pdf) | Posttraumatic Cognitions(Available in Article) | Posttraumatic Cognitions Inventory-S9 Item (PTCI-9) |
|  | [https://www.psychiatry.org/File Library/Psychiatrists/Practice/DSM/APA\_DSM5\_Level-2-Anger-Adult.pdf](https://www.psychiatry.org/File%20Library/Psychiatrists/Practice/DSM/APA_DSM5_Level-2-Anger-Adult.pdf) | Anger Self-Report | PROMIS-Emotional Distress-Anger Short Form |
|  | <https://www.parinc.com/Products/Pkey/429><https://www.parinc.com/Products/Pkey/431> | Anger Self-Report(For purchase) | State Trait Anger Expression Inventory-2 (STAXI-2) |
|  | <https://journals.sagepub.com/doi/10.1177/019251396017003001> | Anger Self-Report(Available in Article) | The Revised Conflict Tactics Scales (CTS2) |
|  | [https://www.pearsonclinical.co.uk/Psychology/ChildMentalHealth/ChildPsychopathology/NovacoAngerScaleandProvInv/NovacoAngerScaleandProvocationInventory(NAS-PI).aspx](https://www.pearsonclinical.co.uk/Psychology/ChildMentalHealth/ChildPsychopathology/NovacoAngerScaleandProvInv/NovacoAngerScaleandProvocationInventory%28NAS-PI%29.aspx) | Anger Self-Report(For purchase) | Novoco Anger Scale and Provocation Inventory (NAS-PI) |
| **ETS TestLink** | <https://1340.sydneyplus.com/ETS_SydneyEnterprise_External/Portal/TestCollection.aspx?lang=en-US&lang=en-US> | Assessment Search Tool | Search for Downloadable Assessments by topic and name |