

# Traumatic-Stress & Incarceration

References



Developed by:  
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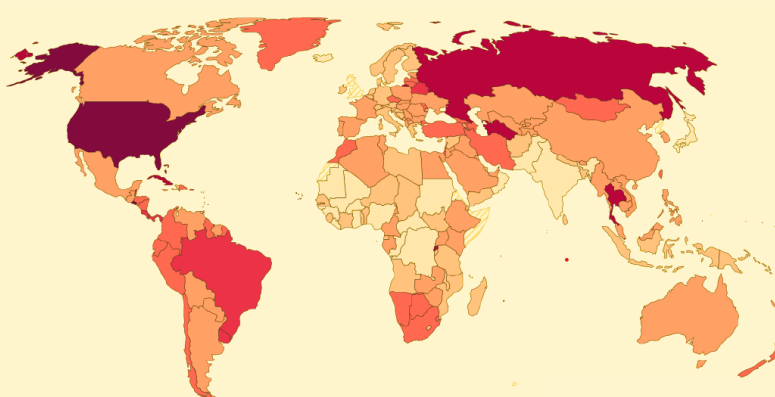
## FAST FACTS

- ~11 million people are held in prison systems globally
- Worldwide prison population rates have risen by **27%** in the last two decades
- Non-dominant racial & ethnic groups are **overrepresented** in prisons globally, particularly in nations with colonial histories

### PRISON POPULATION RATE

(per 100,000 people)

No data 0 50 100 200 300 400 600 700



(World Prison Brief, 2020)

## GLOBAL TRAUMA & PTSD PREVALENCE

- Data documenting the prevalence of trauma exposure among people who are incarcerated is limited, with **most countries lacking available statistics**.
- However, among countries with available data, **prevalence of trauma exposure for people who are incarcerated is universally high**, ranging from **82-99%**.
  - In contrast, the global average trauma prevalence in the general population is **70.4%**, according to data from 24 countries.
- Global **PTSD rates** are more well-documented:



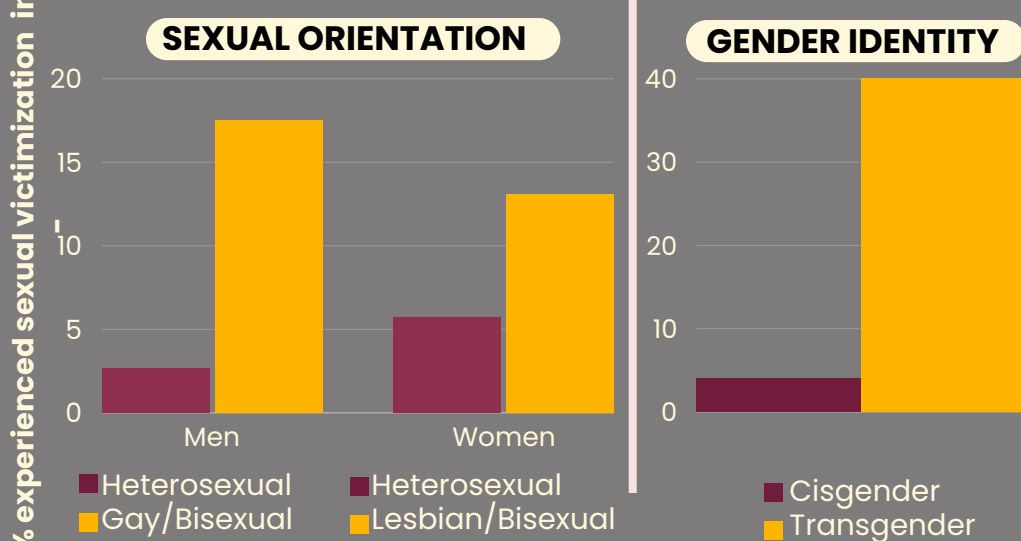
## IN-PRISON TRAUMA EXPOSURE

**89%**



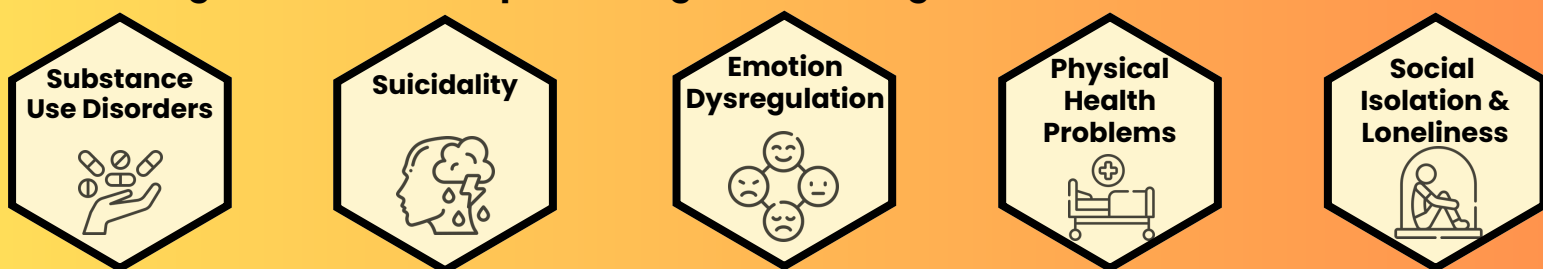
of people who have been incarcerated report **experiencing or witnessing violence** during incarceration (per US Data)

Sexual and gender minorities are at high risk for sexual victimization while incarcerated



## PTSD & POST-RELEASE OUTCOMES

Untreated PTSD can complicate the reentry process. People with PTSD are at greater risk for experiencing the following difficulties after release:



Many factors may compound these challenges and prevent successful community reintegration, including systemic barriers such as:

