



STRESSPOINTS

Volume 38, Issue 2

In this issue

[President's Message](#)
[ISTSS Visits Normandy](#)
[Message from the Editors](#)
[Clinician's Corner: Brief Interventions](#)
[40th Annual Meeting: Claim Your CEs](#)
[Board of Directors Election Results](#)

[Clinician's Corner: Neurofeedback](#)
[Media Matters](#)
[Military Matters](#)
[PIE Spotlight](#)
[State of Science](#)
[Save the Date: 41st Annual Meeting](#)

President's Message



Angela Nickerson, PhD, ISTSS President

It has been a very busy and exciting year for ISTSS as an organization and I am delighted to share a number of updates regarding recent changes for our society, as well as recent events. I am pleased to announce that as of May 1, 2024, ISTSS has transitioned our association management services to Parthenon Management Group (PMG).

[Continue Reading](#)

ISTSS 40th Annual Meeting

Thank you for joining us – the meeting that made a lasting impact!



Thank you for attending the ISTSS 40th Annual Meeting held from September 25-28 in Boston, Massachusetts, USA. Your participation in this global forum for professionals and researchers dedicated to understanding and addressing the impact of trauma is invaluable. By bridging the gap between research and practice, we continue to work together to improve the lives of those affected by traumatic stress worldwide.

[Claim Your CEs Now](#)

2024-2025 Board of Directors Election Results

The 2024 ISTSS Nominations and Elections Committee, chaired by Board Member and Immediate Past President Marit Sijbrandij, PhD, is pleased to announce the results of this year's ISTSS Board of Directors election. Congratulations to all those elected, and our heartfelt thanks to everyone who agreed to be nominated.



President-Elect:

- Andrea Phelps, M. Psych (Clinical), Ph

Board Members:

- Michele Bedard-Gilligan, PhD**
- Iris Engelhard, PhD
- Rachel Hiller, PhD**
- Masaya Ito, PhD
- Evaldas Kazlauskas, PhD
- Sonya Norman, PhD**
- Briana Woods-Jaeger, PhD**

**Current Board Members re-elected to serve another term.

[Continue Reading](#)

ISTSS Visits Normandy

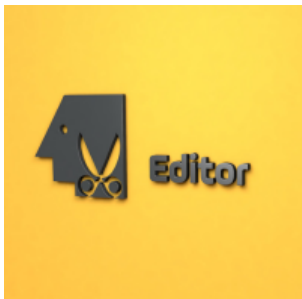


Angela Nickerson PhD, Eric Bui, MD, PhD, & Diane Elmore Borbon, PhD, MPH

In May 2024, the ISTSS Board of Directors traveled to Normandy in France for the 2024 Mid-Year Board Meeting. This visit was timely as 6th June 2024 represented the 80th Anniversary of the World War II D-Day landings in Normandy

[Continue Reading](#)

Message from the Editors



In May 2024, ISTSS commemorated the 80th Anniversary of the World War II D-Day landings in Normandy. We continue to hold hope for peace and safety for all, as wars raged on and natural disasters impacted numerous regions over the past few months.

[Continue Reading](#)

Clinician's Corner

The Need for Brief Interventions Targeting PTSD and Alcohol Misuse: Preliminary Support for BRITE (Brief Restructuring Intervention following Trauma Exposure)



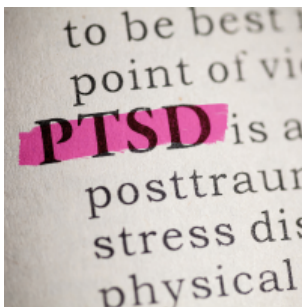
Michele Bedard-Gilligan, PhD & Debra Kaysen, PhD

Despite public health efforts to improve awareness and understanding, sexual assault continues to be a common occurrence, particularly for young adult women. Although sexual assault results in distress for most survivors, many will return to adaptive functioning without any formal intervention.

[Continue Reading](#)

Clinician's Corner

Neurofeedback for Trauma and Stressor-Related Disorders



Timothy Pong & Paul Frewen, PhD

Recent neuroscientific and technological developments have opened novel avenues for treating trauma and stressor-related disorders such as post-traumatic stress disorder (PTSD) with “neuroscientifically-informed interventions” (Lanius et al., 2015). One such intervention is neurofeedback (NFB), which involves training an individual to self-regulate some aspect of their brain function, such as the amplitude of certain neural oscillations or blood oxygenation within a particular brain region.

[Continue Reading](#)

Media Matters

The Psychological Toll of Informing the Public: Trauma Symptoms Amongst Journalists



Josianne Lamothe, MSW, PhD & Anika Drouin, BSW Student

The recent critically acclaimed movie *Civil War* (Garland, 2024) highlights the dangers and complexities journalists face when documenting civil unrest. The movie depicts four journalists traveling to reach the White House, hoping to interview the third-term President before the fictional western forces of California and Texas overthrow his autocratic regime.

[Continue Reading](#)

Military Matters

How Effective are Trauma-Focused Treatments for Treating Anger in PTSD?



Stephanie Y. Wells & Kirsten H. Dillon

Anger is a common concern among Veterans with posttraumatic stress disorder (PTSD; Rosen et al., 2013; Sayer et al., 2010). Anger is associated with greater PTSD symptom severity (PTSD; Koenen et al., 2003; Novaco & Chemtob, 2002), suicidal thoughts and behaviors (Dillon et al., 2020), interpersonal aggression (Elbogen et al., 2010; Novaco & Chemtob, 2015), as well as poorer interpersonal (Taft et al., 2011) and occupational (Adler et al., 2022) functioning.

[Continue Reading](#)

Public Information and Education Spotlight

Sonya Norman, PhD, Melissa Zielinski, PhD, Jennifer Wachen, PhD, & Tanya C. Saraiya, PhD

The PIE committee regularly releases new informational and educational products for our ISTSS members and the broader public.



- [Friday Fast Facts](#) are a deep dive into a topic with informational webpages, videos, and infographics.
- [Webinars and podcasts](#) have our expert members presenting on a timely topic.
- [Conversation and Consultation](#) is akin to a virtual coffee and chat where fieldwide experts informally answer questions about a professional development topic.
- [Interviews with Innovators](#), a YouTube series featuring interviews with people who developed or disseminated treatment interventions recommended in the ISTSS Adult Prevention and Early Treatment Guidelines.

[Continue Reading](#)

State of Science

Understanding Eye Movement Desensitization and Reprocessing (EMDR) Therapy for Post-Traumatic Stress Disorder (PTSD)



Ad de Jongh, PhD, Carlijn de Roos, PhD, & Sharif El-Leithy, PhD

Eye Movement Desensitization and Reprocessing (EMDR) therapy has emerged as a prominent treatment for post-traumatic stress disorder (PTSD), backed by substantial empirical evidence and widespread endorsement from international clinical guidelines. Initially developed by psychologist Francine Shapiro in 1989, EMDR has since evolved into a comprehensive treatment approach encompassing various trauma-related conditions and populations.

[Continue Reading](#)



WILEY





International Society
for Traumatic Stress Studies

40th
Annual Meeting

THANK YOU TO OUR EXHIBITORS



Alliant International University
California School
of Professional Psychology



CBTNightmaresweb



VETERAN
AND FAMILY CARE

HOPEWAY



GrayMatters
Health

monte nido



WARRIOR
CARE NETWORK



318 RECRUITING SQUADRON
OFFICER ACCESSIONS

National Center for
PTSD
POSTTRAUMATIC STRESS DISORDER

Nitto

Innovation for Customers



TSRC



Traumatic Stress
Research Consortium

ROGERS
Behavioral Health



41st Annual Meeting
International Society for Traumatic Stress Studies

2025

Frontiers in Traumatic Stress:

Global Perspectives and Creative Solutions

September 17 - 20, 2025

Baltimore, MD | Baltimore Marriott Waterfront

SAVE THE DATE



Editorial Team

Editor
[Anka Vujanovic, PhD](#)

Associate Editor

[Kelsey Serier, PhD](#)
Executive Director
[Diane Elmore Borbon, PhD, MPH](#)
Managing Editor
[Jacob Hinnen](#)

Angela Nickerson, PhD
Morgynn Haner, PhD
Janne Punski-Hoogervorst, MD, MSc
Joan Cook, PhD
Archana Basu, PhD
Karen Zilberstein, LCSW
Sukanya Ray, M.Phil
Mary Schacht, PhD, LICSW
Nicholas Livingston, PhD
Kelly Harper, PhD
Dana Rose Garfin, PhD
Josianne Lamothe, MSW
Lorig Kachadourian, PhD
Kenneth J. Thompson, PhD, LtCol, USMC (Ret)
Sonya Norman, PhD
Melissa Zielinski, PhD
Mariel Emrich, BS
Luca Hartman, BA
Paige Klein, BA
Lexie Thomas, MA
Ryan Holliday, PhD
Nicole Weiss, PhD
Harold Kudler, MD
Howard Lipke, PhD



International Society for Traumatic Stress Studies

5034A Thoroughbred Lane, Brentwood, TN 37027

You've received this email because you've subscribed to our newsletter.

[Unsubscribe](#)