ISTSS Strategic Plan

2027–2029

MISSION

ISTSS is the leading global interdisciplinary professional organization dedicated to advancing research, prevention, treatment, and advocacy on traumatic stress.

Goal 1: Research and Practice Excellence

ISTSS promotes excellence in research, clinical practice, training, and public health related to experiences of traumatic stress.

1. Expand in-person and virtual education and training opportunities in state-of-the-art research and practice methods across the professional lifespan.
2. Serve as the international authority in the field of traumatic stress through development of evidence-based treatment guidelines that reflect emerging science and diverse global contexts.
3. Drive thought leadership on emerging global issues in traumatic stress research and clinical practice.
4. Continue to bolster the global impact and interdisciplinary reach of the Journal of Traumatic Stress.

Goal 2: Diverse and Engaged Organization

ISTSS promotes professional, demographic, cultural, and geographic diversity and inclusivity among our membership.

1. Increase year-round member engagement (e.g., Student Section events, local, regional, and global networking and mentoring opportunities, Special Interest Group initiatives, affiliate society partnerships, and special projects).
2. Provide financial support for initiatives that increase global participation in ISTSS activities, including for those from low- and middle-income countries.

3. Recognize and celebrate the contributions of ISTSS members in advancing the Society's mission worldwide (e.g., enhance awards, feature members in ISTSS publications, communications, and at annual meetings).
4. Further identify and support early career member needs.

Goal 3: Global Impact

ISTSS supports efforts to increase the health and resilience of people and communities globally through the prevention of and response to traumatic stress.

1. Strengthen global visibility, engagement, and representation by expanding access and participation across regions (e.g., annual meetings around the world, virtual annual meeting options, expanded partnerships with affiliate societies).
2. Provide financial and other support for member-led initiatives around the world that align with the ISTSS strategic plan.
3. Support global dissemination and implementation of the ISTSS Prevention and Treatment Guidelines, in partnership with affiliate societies and other stakeholders.
4. Develop and promote resources that extend ISTSS's global reach to community members and first responders beyond its membership.